

## Program

# Lähtölaukaus 2022

### Monday 24.1.2022

- 12.00**      **The distribution of cabin cards starts at the Viking Line terminal**  
Katajanokanlaituri 8, Helsinki
- 12.30**      **Boarding**  
Luggage storage in meeting rooms prior to accommodation
- 13.00**      **Opening words**  
*Chairperson Emmi Lainpelto, SAMOK*  
Club Mar, deck 8
- 13.30**      **Greetings from the event partners**
- 13.45**      **Student Welfare Panel**  
SAMOK board members will give short presentations on the topics of SAMOK's political program, and after each topic, representatives of political student and youth organizations will have the opportunity to discuss the topics. The main theme this time in the panel is e.g. welfare areas, FSHS and mental health services  
  
*The discussions will be initiated by SAMOK's board members*  
*Guests are representatives of political student and youth organizations*
- 14.45**      **Break**
- 15.00**      **SAMOK's friends introduce themselves**  
Representatives of the student unions and SAMOK's friends introduce themselves and talk about the activities of their organizations and the opportunities for co-operation with them.

- 16:00**      **Break and some snacks**  
*Note! During the break, those who do not take part in the cruise must leave the ship at the latest.*
- 16.30**      **SAMOK introduces itself**  
Why does SAMOK exist? What are we really doing? SAMOK's Executive Director will present our activities this year, and will give a small briefing on, among other things, the renewal of SAMOK's strategy and preparations for next year's parliamentary elections. In addition, he offers a short sales speech about SAMOK, which student unions can easily utilize in their own communication with students.  
*Executive Director Vellu Taskila, SAMOK*
- 17.00**      **Puheenvuoro: yhdenvertaisuutta korkeakouluihin -hanke**  
We know that students are a very diverse group of people from different backgrounds and ages - but what does that really mean? How could student unions take into account the diversity of students in their activities and advocacy? We look at students through figures and statistics, but we also deepen our reflection behind them - and we may have a little quiz on the subject ...  
  
Tiedämme, että opiskelijat ovat hyvin moninainen joukko eritaustaisia ja eri ikäisiä ihmisiä - mutta mitä se oikeastaan tarkoittaa? Kuinka opiskelijakunnat voisivat toiminnassaan ja edunvalvonnassaan huomioida opiskelijoiden moninaisuuden? Tarkastelemme opiskelijoita lukujen ja tilastojen kautta, mutta syvennämme pohdintaa myös niiden taakse - ja saatamme käydä pienen visailun aiheesta...  
*Executive Director Vellu Taskila, SAMOK*
- 17.30**      **Esittelyssä SAMOKin viestintäkanavat, jäsenpalvelut ja tapahtumakalenteri**  
*Events & Communications Coordinator Aleksi Airaksinen, SAMOK*
- 17.45**      **Instructions for the evening and morning and a break for accommodation**
- 18.45**      **Networking hour**  
The best and most important thing about Lähtölaukaus is to get to know other people doing the same job in different student unions. However, there are a lot of participants on the cruise, so where to find that own colleague? No worries,

# LÄHTÖLAUKAUS

## STARTSKOTTET

during this networking lesson, SAMOK staff will divide the participants into small groups according to their job responsibilities. During a casual networking lesson, you'll get to know your colleagues from different student communities, and you're sure to find new friends to chat with at dinner. Stakeholders are also warmly welcome to this networking lesson.

*SAMOK staff facilitates networking*

Meeting rooms, deck 10

**19.45**      **Freetime before supper**

**20.30**      **Supper**  
The Buffet, deck 8

## Tuesday 25.1.2022

*Note! All times on Tuesday are local Swedish time.*

**8.00**      **Breakfast**  
The Buffet, deck 8

**9.00**      **“Appro”: Get to know SAMOK!**  
Toisen päivän ohjelmaan pääsemme virittäytymään rastikierroksen merkeissä. Rastikierroksen aikana pääset tutustumaan enemmän SAMOKin toimintaa ja ihmisiin. Rastikierrosta kierretään pienissä ryhmissä ja kaikille rastikierroksen suorittaneille on luvassa upea haalarimerkki ja voittajatiimi palkitaan Lähtölaukauksen päätössanojen yhteydessä!

We will start the second day with “appro”. In the checkpoints you will get to know more about SAMOK's activities and people. The checkpoints are rounded in small groups and everyone who completes the checkpoints will get a great overall badge and the winning team will be rewarded at the end of Lähtölaukaus!

**11.00**      **Break**

**11.15**      **First workshops according to thematic paths**

### **Which theme paths - what are they?**

The parallel program of Lähtölaukaus consists of different thematic paths. You can choose one path and stay on it all day, or you can choose the training package that suits you from the individual sections of the different paths. The themes of the paths are

- Social policy
- Education policy
- Deepening promotion of interests
- Guidance and tutoring
- Student culture and events
- Communication and marketing
- Student union employees
- As chairperson of the student body
- Executive Directors and Secretary Generals

[Check out the themed trails here.](#)

Kokoustilat, deck 10

**12.30**

### **Lunch**

The Buffet, deck 8

**13.45**

### **Second workshops according to thematic paths**

Kokoustilat, deck 10

**15.00**

### **Break**

**15.15**

### **Third workshops according to thematic paths**

Kokoustilat, deck 10

**16.30**

### **Break, coffee/tea and snacks**

**17.00**

### **Steps to the future, rewarding the winning team from the “appro” and closing words for Lähtölaukaus**

How do you get in touch with us in the future and where will we meet next?

*Chairperson Emmi Lainpelto, SAMOK*

Club Mar, deck 8

**17:30**

### **Freetime**

**19.30**

### **Supper**

The Buffet, deck 8

# LÄHTÖLAUKAUS

## STARTSKOTTET

**Wednesday 26.1.2022**

*Note! The times are local Finnish time.*

**8.00**

**Breakfast**

The Buffet, deck 8

**10.10**

**The ship arrives in Helsinki and the journeys to home begins**

*We reserve the right to make changes to the program.*